

## Vegetarian / Vegan Menu

### Starters

Padron Peppers (vg)	£5.50
Spicy or Salted Edamame (vg)	£5.50
Smoked aubergine tahini (v)	£5.50
Garlic bread basket (v)	£4.00
Mixed Olives (vg)	£4.50
Goats Cheese and Roasted Beetroot Salad (v)	£8.00
Quinoa Salad (vg)	£7.00
Vegetable Dumplings (vg)	£6.50
Butternut squash soup or Tomato Soup (vg)	£6.00

### Mains

Butternut Squash Risotto (v) <i>Roasted butternut squash, green beans, pine nuts, parmesan</i>	£14.00
Butternut Squash Linguini (v) <i>Roasted butternut squash, green beans, pine nuts, parmesan</i>	£14.00
Aromatic Vegetable green curry (vg) <i>Served with steamed rice, coriander, crispy shallots</i>	£12.00
Aubergine and lentil curry (vg) <i>Served with steamed rice, coriander, crispy shallots</i>	£14.00
Grilled Cauliflower Steak (vg) <i>Served with roasted pepper sauce with basil, olive salsa</i>	£14.00
Penne Pomodoro (v) <i>Penne pasta in a rich tomato sauce</i>	£8.50
Mac & Cheese (v)	£9.50
3 Flavours Superfood salad (v) <i>Boiled egg, butternut squash, lentil, avocado, mixed leaf</i>	£7.00
Vegetarian Burger (v) <i>Grilled courgette, mushrooms, hash brown on a brioche bun with caramelized onion, rocket and truffle mayo</i>	£12.50

### Sides

Tenderstem Broccoli; Honey Glazed Carrots; Pomme Puree; Roasted New potatoes; Creamed Spinach; Fries; Rice	£4.00 each
Truffle Pomme puree	£7.00
Sweet potato chips	£4.50
Side Salad	£3.20

**Note:** Most of these dishes are vegetarian by default, please speak to your server if you need to make the dishes vegan, have any allergies or intolerances.



## Vegetarian / Vegan Menu

### Breakfast Menu

3 Flavours Garden Breakfast (v) <i>Halloumi, roasted peppers, smashed avocado, cherry tomatoes and 2 poached eggs on toast</i>	£9.00
Avocado on toast with poached eggs (v) <i>2 eggs, cherry tomatoes, super seeds on toast</i>	£8.20
Mushrooms on toast (v) <i>Sliced mushrooms served with creamy white wine sauce &amp; parsley on toast</i>	£7.20
Eggs Florentine (v) <i>Spinach, 2 poached eggs &amp; hollandaise sauce on toast</i>	£8.50
Scrambled Eggs on toast	£5.60
Vegetarian English Breakfast (v) <i>Halloumi, 2 fried eggs, tomato, mushrooms, hash brown and baked beans, with 2 slices of toast</i>	£10.00
Vegan English Breakfast (vg) <i>Spinach, roasted peppers, tomato, mushrooms, hash brown, baked beans and 2 slices of toast</i>	£9.50

<b>Add extras:</b> Egg	£1.00
Halloumi	£1.50
Avocado	£1.80
Other extras	£1.00

### Pancakes

Buttermilk pancake with mixed berries (v) <i>Mixed berries, maple syrup &amp; Chocolate sauce</i>	£7.50
Orange and poppy seeds pancake (v) <i>Maple syrup and orange</i>	£7.00
Banana Pancake with caramel sauce (v) <i>Banana, maple syrup and caramel</i>	£7.50
Cinnamon Vanilla French Toast (v) <i>Berries, organic honey on a brioche toast</i>	£7.50
Plain Croissant	£3.00
Chocolate Croissant	£3.50

**Note:** Most of these dishes are vegetarian by default, please speak to your server if you need to make the dishes vegan, have any allergies or intolerances.

