



3 FLAVOURS

APPETIZERS

PADRON PEPPERS (V,Ve) <i>With orange miso and sesame</i>	£5.50
EDAMAME SPICY OR SALTED (V,Ve)	£5.50
TRUFFLE BEETROOT TARTARE (V,Ve)	£4.00
SMOKED AUBERGINE TAHINI  (V,Ve)	£5.50
MIXED OLIVES (V,Ve)	£4.50
GARLIC BREAD BASKET (V)	£4.00

STARTERS

GOAT CHEESE & ROASTED BEETROOT SALAD <i>Served with hazelnuts, honey mustard dressing</i>	£8.00
PAN SEARED SCALLOPS <i>Served with cauliflower puree, samphire, garlic & chilly butter</i>	£13.00
CALAMARI <i>Served with lemon mayo</i>	£8.50
SMOKED SALMON <i>Served with horseradish potatoes, capers & lemon</i>	£8.50
PANKO PRAWNS <i>Served with dragon mayo</i>	£11.00
FISH CAKE <i>Served with chives tartare sauce & lemon</i>	£11.00
CRAB CAKE <i>Served with chives tartare sauce & lemon</i>	£9.00
QUINOA SALAD (V,Ve) <i>Served with beetroot, kale, roasted sweet peppers, parsley</i>	£7.00
VEGETABLE DUMPLINGS (V,Ve) <i>Cabbage, carrots, onions, spinach, spring onions</i>	£6.50
CHICKEN DUMPLINGS <i>Cabbage, onion</i>	£7.00
PRAWNS DUMPLINGS <i>Spring onions, ginger</i>	£8.00

Food Allergens: All our food contains traces of nuts and dairy. If you have an allergy let us know before ordering.

10% discretionary service charge applied on dine in customers. Many thanks



MAINS



TWENTY-FOUR HOURS SLOW COOKED SHORT RIBS	£21.00
<i>Served with pomme puree, chilly teriyaki sauce</i>	
HERB CRUSTED LAMB RUMP	£24.00
<i>Served with smoked aubergine puree, spinach, rosemary sauce</i>	
ROASTED CHICKEN BREAST	£17.00
<i>Served with creamy spinach, wild mushrooms, thyme jus</i>	
ROASTED SEA BASS FILLET	£20.00
<i>Served with beluga lentils, leeks, saffron lobster bisque</i>	
SEAFOOD LINGUINE	£15.00
<i>Prawns, mussels, mixed seafood & squid with tomato, garlic and white wine sauce</i>	
RISOTTO (V)	£14.00
<i>Roasted butternut squash,  beans, pine nuts, parmesan</i>	
SEARED DUCK BREAST	£21.00
<i>Served with herb crusted potato, caramelized carrots, orange thyme jus</i>	
MONKFISH & TIGER PRAWNS CURRY	£20.00
<i>Served with steamed rice, coconut curry, crispy shallots</i>	
AROMATIC CHICKEN GREEN CURRY	£15.50
<i>Served with steamed rice, coriander, crispy shallots</i>	
AROMATIC VEGETABLE GREEN CURRY (V,Ve)	£12.00
<i>Served with steamed rice, coriander, crispy shallots</i>	
AUBERGINE & LENTIL CURRY (V,Ve)	£14.00
<i>Served with steamed rice, coriander, crispy shallots</i>	

GRILLS & BURGERS



THREE FLAVOURS SIGNATURE MIXED GRILL	£28.00
<i>Lamb chops, buffalo chicken wings, beef kofta, chicken thighs & mixed salad</i>	
GRILLED CAULIFLOWER STEAK (V)	£14.00
<i>Served with roast pepper sauce with basil, olive salsa</i>	
MISO GRILLED SALMON	£16.00
<i>Served with Japanese salad & sesame</i>	
WHOLE / HALF GRILLED LOBSTER	£60.00/ £35.00
<i>Served with garlic butter, parsnip crisps, rocket leaf</i>	
GRILLED CHICKEN BURGER	£13.50
<i>Served with caramelized onions, truffle mayo, rocket, ketchup, relish and fries</i>	
THREE FLAVOURS SIGNATURE BEEF BURGER	£14.00
<i>Served with caramelized onions, truffle mayo, rocket, ketchup relish and fries</i>	

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STEAKS



All our steaks are dry aged and served with mixed salad

RIB-EYE STEAK 200gr	£27.50
SIRLOIN STEAK 220gr	£26.00
RIB-EYE ON THE BONE 500gr	£55.00
FILLET STEAK 200gr	£38.00

STEAK SAUCES



Please choose your sauce

PEPPERCORN SAUCE	£2.00
MUSHROOM SAUCE	£2.00
BEARNAISE SAUCE	£2.00
GARLIC BUTTER	£2.00
GREEN CHIMICHURRI SAUCE	£2.00
TRUFFLE RED WINE SAUCE	£5.00

SIDES



TENDERSTEEM BROCCOLI	£4.00
HONEY GLAZED CARROTS	£4.00
CREAMED SPINACH	£4.00
POMME PUREE	£4.00
ROASTED NEW POTATOES	£4.00
FRIES	£3.20
RICE	£3.20
TRUFFLE POMME PUREE	£7.00
SWEET POTATO CHIPS	£4.50

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